

# IS THIS AN EMERGENCY?

Not every medical situation requires a visit to the hospital emergency room. Going to an urgent care facility or waiting until the next day to see the doctor often will take care of the problem.

**If you are unsure, call the Olin 24-hour Nurseline (517) 353-5557**

## Examples of what to use Olin Student Health Center or Urgent Care for

- Minor cuts where bleeding is controlled
- Colds, cough, sore throat or flu
- Fever; however if there is a convulsion or extreme fever in a child, do go to the emergency room.
- Sprains
- Sunburns or minor burns from cooking
- Skin rashes
- Minor dog or animal bites where bleeding is controlled (see doctor immediately because a rabies shot may be required)
- Insect stings or delayed swelling from a sting; however if there is breathing difficulty go to the emergency room
- Earaches
- Sexually transmitted diseases

## Examples of what you go to the emergency room for

- Loss of consciousness
- Signs of a heart attack that last 2 minutes or longer, (chest pain, or chest pain radiating into the left arm)
- Signs of a stroke, which include sudden onset of numbness in any extremity and elevated blood pressure
- A major injury such as a head injury
- Bleeding that does not stop after 10 minutes of direct pressure
- Sudden severe pain
- Severe shortness of breath
- A severe or worsening reaction to an insect bite or sting, or to a medication, especially if breathing is affected
- Unexpected stupor, drowsiness or disorientation
- Poisoning
- Coughing up or vomiting blood
- Suicidal or homicidal feelings
- Anything else you reasonably believe may be an emergency

# HOW TO USE YOUR BLUE CARE NETWORK HEALTH INSURANCE

**Q. Where should I go when I am sick or hurt?**

**A. It depends on what kind of problem you have. See back for examples.**

Normal sickness or minor emergency	Minor emergency if Olin is closed	Major emergency	Life-threatening emergency
<ul style="list-style-type: none"> <li>• Go to Olin Health Center first</li> <li>• Open: Mon-Fri 8am-6pm, Sat. 10am-1pm</li> </ul>	<ul style="list-style-type: none"> <li>• Go to Urgent Care Centers (see back)</li> <li>- Sparrow Fast Care</li> <li>- Sparrow Urgent Care</li> </ul>	<ul style="list-style-type: none"> <li>• Go to Emergency room</li> <li>- Sparrow Hospital</li> <li>- McLaren Greater Lansing</li> </ul>	<ul style="list-style-type: none"> <li>• Dial 911 on any phone</li> <li>• An ambulance will be sent to your location</li> </ul>

**Not sure what kind of problem you have? Call the Olin 24-hour Nurseline at (517) 353-5557**

### ● Normal sickness or minor emergency

- Call **Olin Health Center** to schedule an appointment. (517) 353-4660
- Open Mon-Fri 8am-6pm & Sat 10am-1pm  
Summer & break hours: Mon-Fri 8am-5pm
- If Olin is unable to provide treatment, they will refer you to a health care provider who belongs to the Blue Care Network.
- For more information, please visit [www.olin.msu.edu](http://www.olin.msu.edu).

### ● Minor emergency if Olin is closed (see map inside)

Sparrow Urgent Care	Sparrow FastCare Frandor	Sparrow FastCare Okemos Meijer
Open daily 8am-8pm 2682 E. Grand River, East Lansing, MI 48823 (517) 333-6562	M-F 8am-8pm; Sat, Sun & Holidays 9am-6pm except Christmas 716 N. Clippert St Lansing, MI 48912 (517) 253-4000	M-F 8am-8pm, Sat, Sun, & Holidays 9am-6pm except Christmas 2055 W Grand River Ave, Okemos MI 48864 (517) 253-4009

### ● Major Emergency or

**If your symptoms do not improve after Urgent Care/Olin visits**

Go to an emergency room in the Greater Lansing area:

Sparrow Hospital	McLaren Greater Lansing
1215 E. Michigan Ave, Lansing, MI 48912	401 W. Greenlawn, Lansing, MI 48910

### ● Life-threatening emergency:

Dial 911! An ambulance will be sent to your location.

# Local Health Facilities - Where to go if you are sick or injured

## On-Campus Health Facilities

### ★ MSU Olin Health Center

Fall & Spring Semester: M-F 8am-6pm; Sat 10am-1pm; Sun-Closed  
 Summer Semester, Open Mon-Fri 8am-5pm; Sat & Sun - Closed  
 Pharmacy opens at 9am  
 Closed on MSU holidays, Appointment: (517) 353-4660  
[www.olin.msu.edu](http://www.olin.msu.edu)

🚌 1, 20, 24, 26, 33

Neighborhood clinics (Closed Summer semester, Winter & Spring Breaks)

### ★ 127 South Hubbard Hall - East Neighborhood

(M & W & Th 8am-5pm; Tu 10am-5pm; F - Closed)

### ★ G-17 Holden Hall - South Neighborhood

(M & Th 8am-8pm; Tu 10am-8pm; W 8am-6pm; F - Closed)

### ★ W-9 McDonel Hall - River Trail Neighborhood

(M & W 8am-8pm; Tu 10am-6pm; Th 8am-6pm; F - Closed)

### ★ 148 Brody Hall - Brody Neighborhood

(M & Th 8am-6pm; Tu 10am-8pm; W 8am-8pm; F - Closed)

## Hospital Emergency Rooms (Open 24 hours)

### 1 Sparrow Hospital Emergency Room

(3.5 miles from Olin Health Center)  
 1215 East Michigan Ave. Lansing, MI 48912  
 (517) 364-4149 🚌 Route 1

### 2 McLaren Greater Lansing Emergency Room

(6 miles from Olin Health Center)  
 401 West Greenlawn, Lansing, MI 48910  
 (517) 975-7500 🚌 Routes 1 → 2 or 1 → 5

## Transportation

**Courtesy Van:** Available to all students within a one-mile radius of the University. To reserve a ride: (517) 353-4700

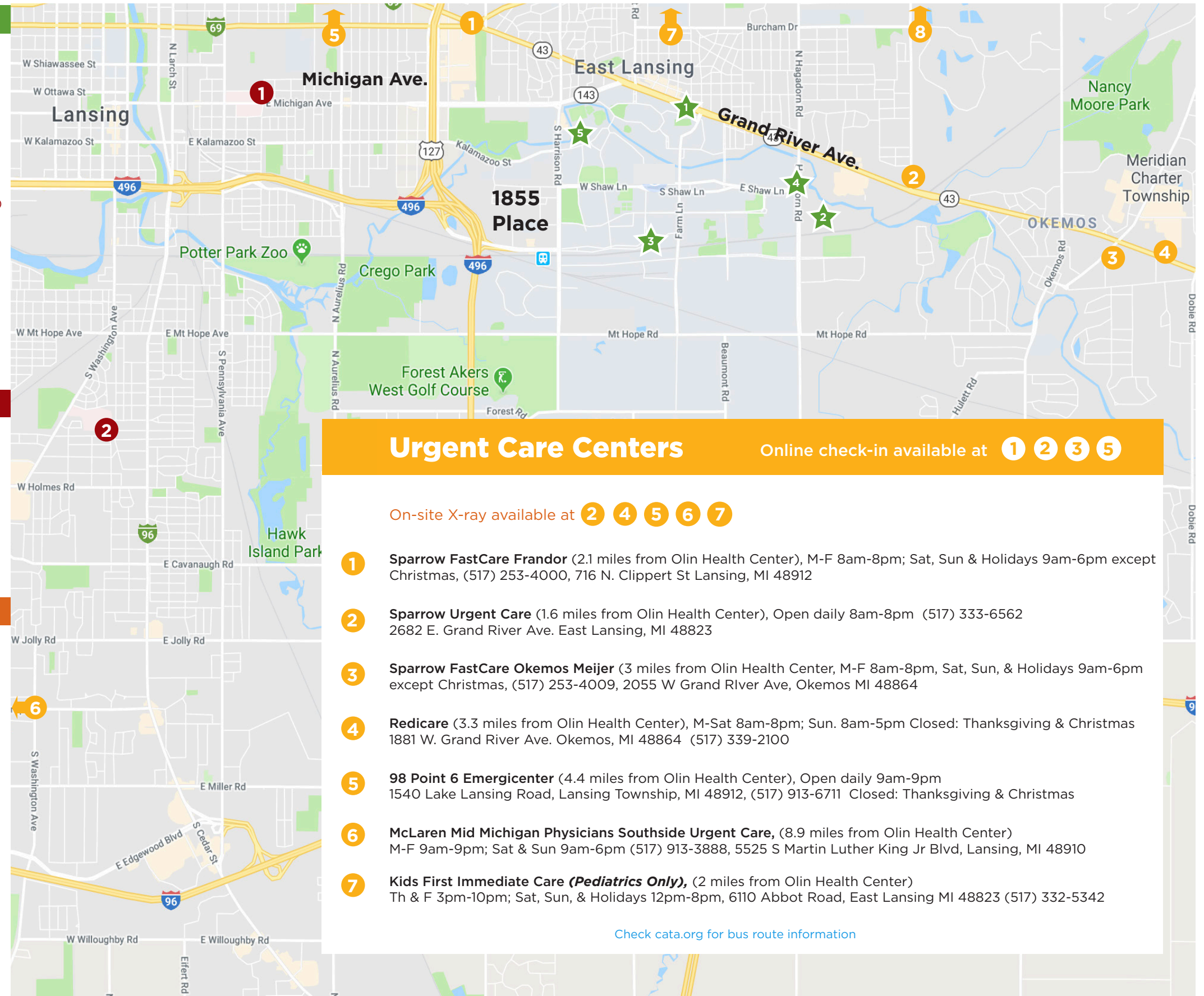
### Cabs:

- DD's Downtown Taxi: (517) 252-4498
- S-Cab: (517) 374-5500
- Big-Daddy: (517) 367-7474

For questions about Blue Care Network, please contact the MSU Human Resources Solutions Center via [SolutionsCenter@hr.msu.edu](mailto:SolutionsCenter@hr.msu.edu) or (517) 353-4434 or visit Suite 110 Nisbet Building, 1407 S. Harrison Rd. East Lansing MI

For a complete list of in-network providers for Blue Care Network, visit [www.tinyurl.com/BCNMSU](http://www.tinyurl.com/BCNMSU). Click "Your Plan", choose "Employer Group Plans" and scroll down to "Michigan State University"

For health care education and advising, contact OISS: [ihealth@msu.edu](mailto:ihealth@msu.edu) or [www.oiss.msu.edu/health](http://www.oiss.msu.edu/health)



## Urgent Care Centers

Online check-in available at 1 2 3 5

On-site X-ray available at 2 4 5 6 7

- 1 **Sparrow FastCare Frandor** (2.1 miles from Olin Health Center), M-F 8am-8pm; Sat, Sun & Holidays 9am-6pm except Christmas, (517) 253-4000, 716 N. Clippert St Lansing, MI 48912
- 2 **Sparrow Urgent Care** (1.6 miles from Olin Health Center), Open daily 8am-8pm (517) 333-6562  
2682 E. Grand River Ave. East Lansing, MI 48823
- 3 **Sparrow FastCare Okemos Meijer** (3 miles from Olin Health Center, M-F 8am-8pm, Sat, Sun, & Holidays 9am-6pm except Christmas, (517) 253-4009, 2055 W Grand River Ave, Okemos MI 48864
- 4 **Redicare** (3.3 miles from Olin Health Center), M-Sat 8am-8pm; Sun. 8am-5pm Closed: Thanksgiving & Christmas  
1881 W. Grand River Ave. Okemos, MI 48864 (517) 339-2100
- 5 **98 Point 6 Emergicenter** (4.4 miles from Olin Health Center), Open daily 9am-9pm  
1540 Lake Lansing Road, Lansing Township, MI 48912, (517) 913-6711 Closed: Thanksgiving & Christmas
- 6 **McLaren Mid Michigan Physicians Southside Urgent Care**, (8.9 miles from Olin Health Center)  
M-F 9am-9pm; Sat & Sun 9am-6pm (517) 913-3888, 5525 S Martin Luther King Jr Blvd, Lansing, MI 48910
- 7 **Kids First Immediate Care (Pediatrics Only)**, (2 miles from Olin Health Center)  
Th & F 3pm-10pm; Sat, Sun, & Holidays 12pm-8pm, 6110 Abbot Road, East Lansing MI 48823 (517) 332-5342

[Check cata.org](http://cata.org) for bus route information